Infant CPR Skills Testing Checklist (1 of 2)



life is why™ Student Name Date of Test Hospital Scenario: "You are working in a hospital or clinic when a woman runs through the door, carrying an infant. She shouts, 'Help me! My baby's not breathing.' You have gloves and a pocket mask. You send your coworker to activate the emergency response system and to get the emergency equipment." Prehospital Scenario: "You arrive on the scene for an infant who is not breathing. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next." Assessment and Activation ☐ Checks responsiveness
☐ Shouts for help/Activates emergency response system
☐ Checks breathing ☐ Checks pulse Once student shouts for help, instructor says, "Here's the barrier device." Cycle 1 of CPR (30:2) *CPR feedback devices preferred for accuracy **Infant Compressions Infant Breaths** ☐ Performs high-quality compressions*: ☐ Gives 2 breaths with a barrier device: • Placement of 2 fingers in the center of the chest, · Each breath given over 1 second just below the nipple line · Visible chest rise with each breath • 30 compressions in no less than 15 and no more · Resumes compressions in less than than 18 seconds 10 seconds · Compresses at least one third the depth of the chest, about 1½ inches (4 cm) · Complete recoil after each compression Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed ☐ Breaths ☐ Resumes compressions in less than 10 seconds Compressions Rescuer 2 arrives with bag-mask device and begins ventilation while Rescuer 1 continues compressions with 2 thumb-encircling hands technique. Cycle 3 of CPR **Rescuer 2: Infant Breaths Rescuer 1: Infant Compressions** This rescuer is not evaluated. ☐ Performs high-quality compressions*: • 15 compressions with 2 thumb-encircling hands technique

(continued)

than 9 seconds

about 11/2 inches (4 cm)

• 15 compressions in no less than 7 and no more

· Complete recoil after each compression

· Compresses at least one third the depth of the chest,

Infant CPR Skills Testing Checklist (2 of 2)



Student Name	Date of Test	• • • • • • • • • • • • • • • • • • • •
Cycle 4 of CPR		
Rescuer 2: Infant Compressions This rescuer is not evaluated.	Rescuer 1: Infant Breaths Gives 2 breaths with a bag-mask devi Each breath given over 1 second Visible chest rise with each breath Resumes compressions in less than 10 seconds	ce:
STOP	TEST	
 Instructor Notes Place a ✓ in the box next to each step the student complete If the student does not complete all steps successfully (as indic remediation. Make a note here of which skills require remediation. 	cated by at least 1 blank check box), the student n	
Test Results Check PASS or NR to indicate pass or need	s remediation: PASS	NR

Instructor Initials _____ Date ____

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Infant CPR Skills Testing Critical Skills Descriptors

- Assesses victim and activates emergency response system (this must precede starting compressions) within a maximum of 30 seconds. After determining that the scene is safe:
 - Checks for responsiveness by tapping and shouting
 - Shouts for help/directs someone to call for help and get emergency equipment
 - Checks for no breathing or no normal breathing (only gasping)
 - Scans from the head to the chest for a minimum of 5 seconds and no more than 10 seconds
 - Checks brachial pulse
 - Can be done simultaneously with check for breathing
 - Checks for a minimum of 5 seconds and no more than 10 seconds

Performs high-quality chest compressions during 1-rescuer CPR (initiates compressions within 10 seconds of identifying cardiac arrest)

- · Correct placement of hands/fingers in center of chest
 - 1 rescuer: 2 fingers just below the nipple line
- Compression rate of 100 to 120/min
 - Delivers 30 compressions in 15 to 18 seconds
- Adequate depth for age
 - Infant: at least one third the depth of the chest (about 1½ inches [4 cm])
 - Use of a commercial feedback device or high-fidelity manikin is highly recommended
- Complete chest recoil after each compression
- Appropriate ratio for age and number of rescuers
 - 1 rescuer: 30 compressions to 2 breaths
- Minimizes interruptions in compressions
 - Delivers 2 breaths so less than 10 seconds elapses between last compression of one cycle and first compression of next cycle

3. Provides effective breaths with bag-mask device during 2-rescuer CPR

- Opens airway adequately
- · Delivers each breath over 1 second
- Delivers breaths that produce visible chest rise
- Avoids excessive ventilation
- Resumes chest compressions in less than 10 seconds
- 4. Switches compression technique at appropriate interval as prompted by the instructor (for purposes of this evaluation). Switch should take no more than 5 seconds.

5. Performs high-quality chest compressions during 2-rescuer CPR

- Correct placement of hands/fingers in center of chest
 - 2 rescuers: 2 thumb-encircling hands just below the nipple line
- Compression rate of 100 to 120/min
 - Delivers 15 compressions in 7 to 9 seconds
- Adequate depth for age
 - Infant: at least one third the depth of the chest (about 1½ inches [4 cm])
- · Complete chest recoil after each compression
- Appropriate ratio for age and number of rescuers
 - 2 rescuers: 15 compressions to 2 breaths
- Minimizes interruptions in compressions
 - Delivers 2 breaths so less than 10 seconds elapses between last compression of one cycle and first compression of next cycle